

NEW PATIENT CHECKLIST

Welcome to Inova Kellar Center! We recognize this is a stressful time and look forward to serving you and your family. The below information will assist you in completing the admissions process. Below are listed the forms and information needed in advance of your appointment. Please directly scan, drop off, mail in, or bring the completed paperwork prior to your first appointment.

Important Notes

- 1. Complete ALL paperwork blanks, including the <u>DATE</u> and <u>TIME</u>.
- 2. If you experience challenges completing virtual forms for any reason, please call the front desk at (703) 218-8500 ext. 5, and we can mail you a blank copy.
- 3. We request that both parents *and* patients sign the forms to encourage an active role by kids/teens in their own treatment. If too young to sign, please write "too young to sign" or "not applicable" on the patient signature lines.

Paperwork Checklist

- Patient Identification Form
- Developmental and Social History or Adult Social History (as applicable)
- Consent to Treatment
- Coordination of Benefits Questionnaire
- Authorization for Claims & Payments
- Outpatient Therapeutic Services Program Guidelines
- Notice of Rights of Individuals Receiving Behavioral Services
- Coordination of Treatment Consent
- Acknowledgement of Receipt of Notice of Privacy Practices
- Cancellation/Missed Appointment and Late Arrival Policy
- □ Telehealth Services Form
- Americans with Disabilities (ADA)/Special Needs Assessment
- Photo ID Scan (front and back)
- Insurance ID Scan (front and back)
- Legal Custody Order (medical decision-making) and/or Guardianship Order, if applicable
- OWL Emails Provided and Account Created





This form will provide us the legal spelling of your first name, middle initial, last name, and your date of birth. Accurate patient information is important for your **safety** while receiving services at any Inova facility.

Please Print Clearly Legal First Name of Patient: _____ Legal Middle Name of Patient: Legal Last Name of Patient: _____ Date of Birth (month/day/year): ______ Legal Sex: ☐ Male ☐ Female ☐ X Social Security #: _____ _____ City: _____ State: ____ Zip Code: _____ Address: Best Contact Phone Number: _____ ☐ Mobile ☐ Work ☐ Home My signature verifies that the information provided is correct to the best of my knowledge. I understand that this will be used as patient identification at Inova. **Patient or Designated** Decision Maker (DDM) (signature): ______ Date: _____ Time: _____ If signed by DDM (print name): _______Relationship to Patient: _____ Witness (signature): _____ Date: _____ Time: _____ Witness (print name): **Interpreter Information** (To be completed by Inova staff, if applicable): ☐ In person ☐ Telephonic ☐ Video Interpreter name/ID number (if applicable) ____ ☐ Patient/Designated Decision Maker was offered and refused interpreter ☐ Waiver signed PATIENT IDENTIFICATION Inova If label is not available, please complete: **Patient Identification** Patient Name: ____ □ IAH □ IFH □ IFOH □ ILH □ IMVH Date of Medical Outpatient Location: _____ ____ Record # ___ Birth: _

CAT # 31389/R091923 • PKGS OF 100



Date of

Birth: _

Medical

Record#



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l,	, and		
(preferred name of pat	ient)	(name of pare	ent/guardian)
 Voluntarily give my consent to or consultants designated to or treatment. 			
 Understand that my treatment See your specific Program Pol 			nd risks documented below.
and anxiety, enhanced abit personal awareness and it and positive coping skills a Potential risks and composeme phases of the prograchanges or diagnoses, addrequires varied treatment to Alternative Services to the	ility to address problems of desight, the opportunity to address well as emotional regulations blications: Increased experient (depression, anxiety, guild ditional financial burden, delamodels for different patients are proposed treatment for my have been discussed with ne	eduction in symptoms of diagrally living, strengthened family diress trauma, and improvements on. ences of uncomfortable thought, or sadness), discomfort with any in progression as behaviors or condition, including the benefice. These include but are not	y relationships, greater nt in communication skills hts and feelings during n necessary lifestyle al health treatment often efits and risks of each and
 Understand that I may leave tr discuss this with my provider. 	reatment on my own initiative	at any time. I understand tha	t I will be encouraged to
 Understand that I may, on my made. 	own initiative, request and/or	r obtain a second opinion on a	any recommendations
 Consent to emergency treatment necessary by Inova Kellar Cer 		nergency Department for med	dical care as deemed
 Am aware that if I am involved involved staff for the purpose of 			
 Am aware that providers at Inc 	ova Kellar Center are manda	ted to report suspected child	abuse and neglect.
 Understand and agree to abide and Inova Health System polic settings as directed by Inova K COVID-19 and on behalf of my voluntarily assume and accept COVID-19 while attending acti 	cies related to COVID-19 or of Kellar Center staff. By signing yself, my child, my child's co- responsibility for the risk that	other emerging health crises to this agreement, I acknowled parent or siblings (collectively at the patient or Family may be	hat pertain to healthcare ge the contagious nature of /, our "Family"), we
This consent has been fully explair and my questions have been answ		ts content. I have had the opp	portunity to ask questions,
Patient (signature)	Patient (print name)	Date	Time
Parent/Guardian (signature)	Parent/Guardian (prin	nt name) Date	Time
Parent/Guardian Relationship to P	atient:		
Interpreter Information (To be com ☐ In person ☐ Telephonic ☐ Video ☐ Patient/Designated Decision Make	Interpreter name/ID number	(if applicable)	
PATIENT IDENTIFIC			
If label is not available, please comple	ete:	Inova Kellar Center Consent to Treat	ment
Patient Name:			





Complete a health insurance section for each of your health plans/coverages.

	Subscriber Name:	Subscriber Date of Birth:		
		Date of Billi.		
_				
	ID/Policy Number: Group Number	Effective Date of Policy:		
anc	Patient Relationship to Subscriber:			
Health Insurance	Is Insurance through Subscriber's Current Employer? ☐ Yes	s □ No		
th I	If Yes, Employer Name:			
leal	Does patient have additional health insurance or Medicare:			
_	☐ Yes. If yes, please complete corresponding section	s, sign, print name and date.		
	Health insurance - complete box 2			
	 Medicare – complete box 3 □ No. If no, please sign, print name and date. 			
If vo	u have an additional plan/coverage, please com	plete the box below.		
		Subscriber		
- 2	Subscriber Name:	Date of Birth:		
nce	Name of Health Insurance Company:	-		
ura	,, ,,			
lns	,	: Effective Date of Policy:		
Health Insurance	Patient Relationship to Subscriber:			
He				
If yo	u have Medicare, please complete the box belov	<i>1</i> .		
	Medicare Number			
6	Hospital (Part A) Effective Date Medi	cal (Part R) Effective Date		
	Entitlement Reason: ☐ Age ☐ Disability ☐ End Si			
Medicare	If Disability: Date Disability Began: _			
Me	If End Stage Renal Disease: Date of First Dialysis:	Kidney Transplant Date		
		of Retirement:		
	The year earrolling Employee.			
Patie	nt/Parent/Legal Guardian (signature):	Date:		
Patie	nt/Parent/Legal Guardian (print name):			
	erpreter Information (To be completed by Inova staff, i			
	n person □ Telephonic □ Video Interpreter name/ii Patient/Designated Decision Maker was offered and refi	D number (if applicable) used interpreter □ Waiver signed		
	PATIENT IDENTIFICATION	· · · · · · · · · · · · · · · · · · ·		
If I	abel is not available, please complete:	Inova Coordination of Benefits		
	tient Name: tte of Medical	Questionnaire		
	Rirth: Record #			
	tn: Hecord #	☐ Outpatient Location:		





Department/Location: _____

1. For Medicare Recipients:

I certify that the information provided to me in applying for payment under Title XVIII of the Social Security Act is correct. I request that payment of authorized Medicare benefits be made on my behalf to Inova (or its affiliates) for any services furnished to me during the applicable periods of medical care.

2. Assignment and Coordination of Insurance Benefits:

I agree to provide information regarding all health insurance benefits to which I/the patient may be entitled. I hereby assign payment(s), if any, from insurance carrier(s) health benefit plan to Inova (or its affiliates) for services rendered to the patient. I hereby authorize payments directly to Inova, including any benefits otherwise payable to me under the terms of my policy, but not to exceed the balance due to Inova (or its affiliates) for services rendered to me during the applicable periods of medical care.

3. Unauthorized, Non-covered, or Out of Plan Services:

I understand and acknowledge:

- If my insurance carrier or administrator of benefits does not consider any services rendered covered services, or has not authorized these services, they will not pay and I agree to pay for these services.
- . One or more of my physicians may not accept insurance or may be out of network with my health insurance.
- In the case of out of plan/network physician or services, there may be reduced benefits and I may be required to pay a higher co-pay, deductible or co-insurance amount.

4. Responsibility for Payment:

In my capacity as patient, legal representative or representative payee for the patient, I agree to pay all charges for which I may be legally responsible including but not limited to health benefit deductibles, copayments, co-insurance and non-covered services. In the event my account must be placed with an attorney or collection agency to obtain payment, I agree to pay reasonable attorneys' fees and other collection costs.

5. Automobile Accident Patients - Notice regarding the assignment of medical expense benefits will be provided to you in a separate document.

By signing below, I certify I have read and understand the foregoing, have had the opportunity to ask questions and have them answered, and accept the above conditions and terms; and I agree to pay all charges for which I may be legally and/or contractually responsible, including but not limited to health insurance deductibles, co-payments, and non-covered services. I understand that Inova, its affiliates, agents (including but not limited to debt collectors) or designees may contact me about outstanding balances through various methods including the use of manual representative outbound calls and voice messages and/or automated dialing services and pre-recorded artificial voice messages, at any telephone number I provide to Inova. I also agree in the event my account must be placed with an attorney or collection agency to obtain payment, I will pay the reasonable attorneys' fees and other collection costs incurred by Inova. I understand and agree this document will remain in effect for my present outpatient visit and any future outpatient or physician office visits to Inova, unless specifically cancelled in writing by me. I understand that I will be asked to review and sign this form once per calendar year as long as I remain a patient of Inova.

Patient/Guardian/etc. (signature)	Patient/Guardian/etc. (print name)	Date Time
Relationship to Patient (if not signed by pation	ient)	
	ed by Inova staff, if applicable): nterpreter name/ID number (if applicable) as offered and refused interpreter □ Waiver si	
PATIENT IDENTIFICATION If label is not available, please complete:	Inova	on for Claims, Payment,
Patient Name:	and Poviow	s - Ambulatory
	allu iteview	o minualatory

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Outpatient Therapeutic Services Practice Guidelines

HOURS

An administrative staff member is present from 7:30am – 6:30pm Monday, Wednesday, and Thursday; Tuesday from 7:30am – 5:00pm; and 7:30am – 4:00pm on Fridays. If the office is closed, please call back during regular business hours.

THERAPEUTIC RELATIONSHIP

The relationship you have with your therapist is a professional, cooperative partnership in which the therapist and patient/family have responsibilities to work toward the agreed-upon goals. The goals are your goals and will be reviewed periodically to ensure treatment is proceeding in a constructive way. We understand that the therapeutic alliance is an important one. If you have questions or concerns about the relationship, please address these directly with your therapist. Persistent questions or concerns will be addressed with the Director of Outpatient Family Services and/or Director of Psychological Services. The Director of Outpatient Family Services or Director of Psychological Services must authorize a therapist change. We do not provide an option to see another therapist unless there are extenuating circumstances such as the need for someone with a specialty (i.e., eating disorders, DBT, etc.).

REQUIRED REPORTING

All staff (therapists, administrative staff, directors, etc.) at Inova Kellar Center are mandated reporters of suspected child abuse, neglect, and exploitation. This means that we are required by law to notify Child Protective Services of suspected abuse or neglect. Clarification of this requirement can be discussed with your therapist.

BENEFITS AND RISKS OF TREATMENT

There are many benefits to counseling and psychotherapy, but it is important to also be aware of and discuss potential risks. Treatment is based on individual needs and goals, using evidence-based practice. The therapists at Inova Kellar Center are extensively trained in assessment, diagnosis, treatment planning and evidence-based models of treatment, with clinical specialties in disciplines such as trauma, eating disorders, or anxiety/depression. Listed below are common benefits and risks you can expect during treatment. For more information, please see the Consent to Treatment Form.

The benefits may include a reduction in feelings of distress, increased satisfaction in relationships, greater personal awareness and insight, increased skills for managing stress and low mood, and resolutions of specific problems. It may help strengthen relationships and improve communication among family members. However, there are no guarantees about what will happen. Therapy requires a very active effort from both you and your child.

Psychotherapy and counseling can involve some risk in certain situations. The desired results or goals from psychotherapy and counseling may not be accomplished or completed in the time expected, which



can result in frustration and dissatisfaction. During the process of therapy, emotional pain and distress can arise as difficult issues are addressed.

The therapist may recommend a referral for supplemental care when appropriate. If adequate progress is not being made in therapy or if it becomes apparent specialized skills are needed for treatment, the therapist may either refer for more specialized care or discontinue therapy and assist with a referral to an appropriate therapist, health care professional, or therapy program.

CONFIDENTIALITY AND MANDATORY DISCLOSURES OF TREATMENT INFORMATION

Session content and all materials relevant to your child's treatment will be held confidential unless a completed Authorization for Request/Disclose Protected Health Information is provided. However, in certain situations, your child's therapist is required by law or by the guidelines of their profession to disclose information, whether or not they have your or your child's permission.

Your child's therapist will disclose information when:

- Minor patients tell the therapist that they plan to cause serious harm or death to themselves, and the therapist believes that the child has the intent and ability to carry out this threat in the very near future. The therapist must take steps to inform a parent or guardian or others of what the child has said and how serious they believe this threat to be and to try to prevent the occurrence of such harm.
- Minor patients tell the therapist that they plan to cause serious harm or death to someone else, and the therapist believes the child has the intent and ability to carry out this threat in the very near future. In this situation, the therapist must inform a parent or guardian or others and may be required to inform the person who is the target of the threatened harm and the police.
- Minor patients are doing things that could cause serious harm to themselves or someone else, even if they do not intend to harm themselves or another person. In these situations, the therapist will need to use their professional judgement to decide whether a parent or guardian should be informed.
- Minor patients tell their therapist, or the therapist otherwise learns, that it appears that a child, including the patient, is being neglected or abused—physically, sexually or emotionally—or that is appears that they have been neglected or abused in the past. In this situation, the therapist is required by law to report the alleged abuse to the appropriate state child-protective agency.
- The therapist is ordered by a court to disclose information.

DISCLOSURE OF A MINOR'S TREATMENT INFORMATION TO PARENT/GUARDIAN

Therapy is most effective when a trusting relationship exists between the therapist and the patient. Privacy is especially important in earning and keeping that trust. As a result, it is important for children to have a "zone of privacy" where children feel free to discuss personal matters without fear that their thoughts and feelings will be immediately communicated to their parents or guardians. This is particularly true for adolescents who are naturally developing a greater sense of independence and autonomy.

It is Inova Kellar Center's practice for your child's therapist to provide you with general information about your child's treatment, but NOT to share specific information your child has disclosed to your therapist without your child's agreement. This includes activities and behavior that you would not



approve of – or might be upset by – but that do not put your child at risk of serious and immediate harm. However, if your child's risk-taking behavior becomes more serious, then your child's therapist will need to use their professional judgement to decide whether your child is in serious and immediate danger of harm. If the therapist feels that your child is in such danger, the therapist will communicate this information to you or others as appropriate and/or required by applicable law.

Even when you and your child's therapist have agreed to keep your child's treatment information confidential from you, the therapist may believe that it is important for you to know about a particular situation that is going on in your child's life. In these situations, the therapist will encourage your child to tell you, and the therapist will help your child find the best way to do so. Also, when meeting with you, your child's therapist may sometimes describe your child's problems in general terms, without using specifics, in order to help you know how to be more helpful to your child.

In the course of the therapist's work with your child, the therapist may meet with the child's parents or guardians either separately or together. Please be aware, however, that at all times, the therapist's patient is your child – not the parents or guardians nor any siblings or other family members of the child.

LIMITATIONS TO SERVICE

Our services are therapeutic in nature, and our assessments are conducted to establish a plan of care. The scope of services does not include assessment for forensic evaluations or custody recommendations. Any court appearance may come with additional fees that will be discussed with the family at that time. If you are seeking these services, ask your therapist for a referral.

PARENT/GUARDIAN AGREEMENT REGARDING CUSTODY LITIGATION

You agree that in any child custody or visitation proceedings, you will not attempt to compel your child's therapist to serve as a retained expert witness. Please note that your agreement may not prevent a judge from requiring the therapist's testimony, even though the therapist will not do so unless legally compelled. If your therapist is required to testify, they are ethically bound not to give their opinion about either parent's custody, visitation suitability, or fitness. If the court appoints a custody evaluator, guardian ad litem, or parenting coordinator, the therapist will provide information as needed, if appropriate releases are signed or a court order is provided. However, the therapist will not make any recommendation about the final decision(s).

APPOINTMENTS

The first appointment is an intake interview, during which you will review the intake forms you have completed and be asked questions that are relevant to treatment. Follow-up appointments will be scheduled directly by your therapist, and ideally, on the same day/time as your intake appointment. In general, appointments will be scheduled each week, although availability and your schedule will be taken into consideration. Your therapist will offer you a later appointment time (after-school/evening) as availability permits. Due to the overwhelming demand for afternoon, after school, and evening appointments, you will be offered a daytime appointment to begin treatment unless a later opening exists on an available therapist's schedule; however, this availability is not guaranteed.

Telehealth appointments are provided if deemed to be clinically appropriate. However, a telehealth appointment cannot be substituted for an in-person appointment unless agreed upon with your



therapist in advance. For additional guidelines and information, please see the Telehealth Services Consent Form.

Prior to the first appointment and at periodic appointments thereafter, all patients must complete questionnaires sent to you from Owl 48 hours (about 2 days) in advance. Owl Insights (Owl) is an online, measurement-based care platform that allows you and your therapist to follow progress in treatment based on objective evidence-based therapy questionnaires. Essentially, Owl Insights allows you and your therapist to track patient progress throughout treatment. As an integral part of your care, it is critical to complete these questionnaires in advance of the appointment to allow the therapist time to review relevant assessment of functioning.

LATE APPOINTMENTS

It is very important that you arrive on time to ensure you have every opportunity to discuss your or your child's needs with the therapist. Instances in which patients **who arrive 15 minutes or more after their scheduled appointment time** will be considered a missed appointment and the appropriate fee assessed (see below).

CANCELED OR MISSED APPOINTMENTS

When you schedule an appointment at Inova Kellar Center, the therapist blocks a specific time for you and your child. To efficiently serve the community, Inova Kellar Center has instituted a 24-hour cancellation policy. If you need to cancel or reschedule an appointment, please contact your therapist directly at least 24 hours in advance to avoid a charge. The charge for missed appointments or appointments canceled or changed with less than 24-hour notice is \$75. This fee cannot be billed to your insurance. You will be directly responsible for the remittance of this fee at or prior to your next scheduled appointment. Two or more missed or canceled appointments within a three-month period can result in your child being discharged as a patient and you will be provided with referrals to other therapists who may be better suited to meet your and your child's scheduling needs.

EMAIL

To protect the privacy of our patients and families, Inova Kellar Center electronically communicates protected health information (e.g., treatment plans, patient names and dates of birth) through an encryption portal. Patients or their representatives may request to communicate with their provider by unencrypted email. For associated risks and additional information, please see the Telehealth Video Visit Consent.

PAYMENT

All relevant payments/co-payments are due at the time of service. Personal checks, exact cash (no change is maintained), and most credit cards will be accepted. There will be a \$25 fee for any returned check.

If you are using insurance, we will submit the claims directly to your insurance provider. Please note that you are ultimately responsible for what is covered and what is out-of-pocket.

If you have any questions regarding - your bill, please contact Inova Patient Financial Services at 571-472-5750.



RECORDS

There is generally no fee for copying and mailing records of fewer than five pages. Beyond this, there may be a charge of \$.50 per page plus postage, to cover costs and staff time. Each request requires a completed and signed Authorization to Release Protected Health Information form.

LETTERS/FORMS

A \$25 fee may be assessed on a letter or form (e.g., school forms, FMLA, disability) that the therapist is requested to complete outside of your family or child's scheduled appointment. You will be notified in advance of the applicable fee.

DISCHARGE

Inova Kellar Center provides services to a large community of children and families and maintains a waiting list for those services. This need in the community requires Inova Kellar Center to adhere to a discharge policy when:

- New patients are not seen within the recommended timeframe for follow-up as determined by the therapist based on the patient's presenting needs, preferences, schedule, and safety concerns.
- Established patients have two or more missed or canceled appointments within a three-month period, without prior consult and approval from the therapist.
- Any patient consistently declines or refuses to follow recommended course of treatment.

Should a discharge occur, and you would like your child to receive services in the future, he or she will be considered a new patient. This will require the parent to schedule a new patient intake assessment. Intake appointments with therapists are based on availability and a review of past compliance with practice policy guidelines.

EMERGENCIES

Inova Kellar Center provides an afterhours on call therapist for non-life-threatening crises to assist with situational assessment and guidance. This service is available for current Inova Kellar Center patients and can be reached by calling the main phone line (703) 218-8500. The therapist will assist you by assessing your concerns and providing recommendations to best manage your concerns, which may include referring you to the appropriate resources. Emergency therapy services are not provided, but your concerns will be shared with your provider. On-call is not available for medication refill requests or scheduling matters. During business hours, please call your therapist directly.

Please note that Inova Kellar Center is not an emergency department facility. If you have an immediate or life-threatening emergency, call 911 or go immediately to the nearest emergency room. Regional emergency services are available below.



If you are experiencing a mental health emergency, please contact emergency services within your area.

Resources for Emergency Services:

- Inova Fairfax Hospital (703) 777-7776
- National Suicide and Crisis Lifeline 988 (Free Call or Text 24-hour hotline) OR 1-800-273-TALK
- Arlington County Emergency Mental Health Services (703) 228-5160
- Children's National Medical Center (202) 476-5000
- Dominion Hospital (703) 538-2872
- Fairfax County CrisisLink Hotline (703) 527-4077 or text "CONNECT" to 855-11
- Loudoun County Emergency Mental Health (703) 777-0320 (24 hours a day, 7 days a week, V/TTY available)
- Merrifield Center (703) 559-3000
- North Spring Behavioral Health Care (703) 777-0800
- Prince William Emergency Services Manassas (703) 792-7800
- Prince William Emergency Services Woodbridge (703) 792-4900
- Rappahannock Rapidan Community Services 24-hour Crisis Line (540) 825-5656
- Snowden at Fredericksburg (540) 741-3900

Thank you for taking the time to read this important information. Please refer to this document when you have questions regarding your child's care.

I have had the opportunity to read and review the Outpatient Therapy Practice Guidelines and the corresponding policies. All questions have been asked and answered to my satisfaction.

Patient Signature	Date
Parent Signature	Date





It is your Right:

- To be treated with dignity and respect
- To be told about your treatment
- To have a say in your treatment
- To speak to others in private
- To have your complaints resolved
- To say what you prefer
- To ask questions and be told about your rights
- To get help with your rights

If you believe your Rights have been violated, you may:

- Contact Inova Kellar Center Executive Director or designee at (703) 218-8500; or
- Contact the Regional Human Rights Advocate, Diana Atcha, at (804) 426-3279; or
- Contact the Department of Behavioral Health and Developmental Services at P.O. Box 1797, Richmond, VA 23218-1797

I have received a copy of these Rights I have had an opportunity to ask ques I have had my questions answered to	tions regarding these Rights.	
Individual Receiving Services (signature)	Individual Receiving Services (print name)	Date/Time
Parent/Guardian (signature)	Parent/Guardian (print name)	Date/Time
PATIENT IDENTIFICATION If label is not available, please complete: Patient Name: Date of Birth: Record #	Inova Kellar Center Rights of Individua Behavioral Service	

CAT #30239 / R011224 • PKGS OF 100





In accord with Federal and State confidentiality laws, it is necessary for those involved in your or your child's treatment to be able to exchange information. Your signature on this form will allow outside groups and individuals to exchange confidential information necessary to your or your child's treatment.

Note: No medical records will be released without a signed Release/Disclosure of Protected

Name of Patient			Date	of Birth
Patient Address		City	State	Zip Code
I authorize the following identified i	members of my/my ch	nild's treatmen	t team to commu	nicate with the Inova
Kellar Center staff for the purpose	of ongoing care.			
Please complete below and check	all that apply.		Mental Health	Alcohol & Drug
Parent or Guardians	Phone			
Primary Care Physician	Phone			
Individual/Agency Name	Phone			
Individual/Agency Name	Phone			
Individual/Agency Name	Phone			
Name of School				
Country to Device of (a)/Device for a set	Dhana	9		
Contact Person(s)/Department	Phone			
I understand that I may revoke this reliance on it. Such revocation will notification is necessary to cancel to Department. I understand that this Kellar Center.	be discussed and mathis authorization and	ay result in an must be addr	inability to treat. essed to the Med	I understand written lical Record
Patient's Signature			Date /	Time
I acknowledge that the clinical a	nd legal purpose an	d intent of th	is form have be	en explained to me.
Parent/Guardian Signature			Date /	Time
PATIENT IDENTIFICATION		1	I 0	
			lar Center	حد د د
		∣ Coordi	nation of T	reatment Co

CAT # 30227/R092523 • PKGS OF 100





Effective Date: November 15, 2014

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AT INOVA AND HOW YOU CAN GAIN ACCESS TO THIS INFORMATION.

PLEASE REVIEW IT CAREFULLY.

If you have any questions about this notice, please contact Inova's Chief Privacy Officer by calling the Compliance Department at 571-472-8187.

Each time you visit a hospital, physician, or other health care provider, a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, a plan for future care or treatment, and billing-related information. This information is considered protected health information (PHI). The Health Insurance Portability and Accountability Act (HIPAA) requires that we provide you with a notice regarding how your PHI may be used or disclosed and your rights concerning that information. This notice applies to all of the records of your care generated by and as part of the care furnished to you in an Inova facility or through an Inova service, whether made by Inova personnel, agents of Inova and its affiliated facilities, or by your personal doctor. Your personal doctor may have different policies or notices regarding the doctor's use and disclosure of your medical information created in the doctor's office or clinic.

Inova's Responsibilities

We are required to abide by the terms of this Notice of Privacy Practices. We may change the terms of our notice, at any time. The new notice will be effective for all PHI that we maintain at that time. Upon your request, we will provide you with any revised Notice of Privacy Practices. You may request a revised copy by accessing our web site www.inova.org, calling 571-472-8187 and requesting that a revised copy be sent to you in the mail or asking for one at the time of your next appointment. If any major change is made to this Notice, it will automatically be provided to you at the time of your next visit to an Inova facility. It will also be posted on our website at the time of the change.

Uses and Disclosures

How we may use and disclose Medical Information about you.

The following categories describe examples of the way we use and disclose medical information:

For Treatment: We may use medical information about you to provide you treatment or services. We may disclose medical information about you to doctors, nurses, technicians, medical students, or other personnel who are involved in taking care of you at Inova. For example, we may provide a physician at an Inova hospital with information regarding your prior treatment at an Inova facility if it might have bearing on the current condition for which you are being treated. Different Inova departments also may share medical information about you in order to coordinate the different things you may need, such as prescriptions, lab work, meals, and x-rays.

We may disclose medical information about you to people outside of Inova who provide services that are related to your care. We may also provide your physician or a subsequent health care provider with copies of various reports that should assist him or her in treating you once you are discharged from an Inova facility.

Payment: Your PHI will be used, as needed, to obtain payment for your health care services. This may include certain activities that your health insurance plan may undertake before it approves or pays for the health care services we recommend for you such as; making a determination of eligibility or coverage for insurance benefits, reviewing services provided to you for medical necessity, and undertaking utilization review activities. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose your PHI in order to support the business activities of Inova. These activities include, but are not limited to, quality assessment activities, employee review activities, training of medical students, licensing, marketing and fund raising activities, and conducting or arranging for other business activities.

For example, we may disclose your PHI to medical school students that see patients at our facilities. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when we are ready to assist you. We may use or disclose your PHI as necessary to contact you to remind you of your appointment.

We may use or disclose your PHI as necessary to provide you with information about treatment alternatives or other health-related benefits and services that may be of interest to you. We may also use and disclose your PHI for other marketing activities. For example, your name and address may be used to send you a newsletter about the services we offer or to send you information about products or services that we believe may be beneficial to you. These activities are not considered to be marketing under the HIPAA Privacy Rule.

Use of your PHI for activities that would be considered marketing or disclosures that would constitute the sale of PHI may not be made without a signed authorization from you.

If you do not want to receive the materials described above, please contact our Chief Privacy Officer by calling our Compliance Department at 571-472-8187 and request that these marketing materials not be sent to you.

We may use certain information to contact you in the future to raise money for Inova. We may also provide this information to our institutionally related foundation for the same purpose. The money raised will be used to expand and improve services and programs we provide the community.

Information that may be used about you for fundraising purposes includes your name, address, telephone number, dates of service, age, gender, general information about the department in which you received care, the identity of your treating physician and general outcome of your treatment.

If you do not wish to be contacted for fund-raising efforts, please notify the Inova Health System Foundation, at 8095 Innovation Park Drive, Fairfax, VA 22031, or by calling 703-289-2072.

Business Associates: Some of the services provided by Inova are provided through contracts with business associates. Examples may include transcription services or outside billing services with which we contract. When these services are contracted, we may disclose your health information to our business associate so that they can perform the job we've asked them to do. To protect your health information, however, we require the business associate to appropriately safeguard your information. Inova's requirements for safeguarding your information are included in Business Associate Agreements with each such entity. In addition, all business associates are subject to oversight by the Secretary of Health and Human Services (HHS) and must adhere to all requirements of the HIPAA Privacy and Security Rules.

Directory: We may include certain limited information about you in a facility directory while you are a patient at the facility. The information may include your name, location in the facility, your general condition (*e.g.*, good, fair, etc.) and your religious affiliation. This information may be provided to members of the clergy and, except for religious affiliation, to other people who ask for you by name. If you would prefer not to be included in the facility directory please request the *Request to be Excluded* Form from the Registration staff or from the Chief Privacy Officer.

Individuals Involved in Your Care or Payment for Your Care: We may release medical information about you to a friend or family member who is involved in your medical care or who helps pay for your care. In addition, we may disclose medical information about you to an entity assisting in a disaster relief effort so that your family can be notified about your condition, status and location. If you desire to limit disclosure of such information to friends or family members, we will ask that you designate one individual to whom we may make such disclosures. It will then be up to you to instruct that individual as to how they may disseminate information about you to other interested parties.

Research: Your medical information may be used or disclosed for research purposes without your permission if an Institutional Review Board (IRB) approves such use or disclosure. We may disclose medical information about you to researchers preparing to conduct a research project. In addition, researchers may contact you directly about participation in a study. The researcher will inform you about the study and give you an opportunity to ask questions. You will be enrolled in a study only after you agreed and signed a consent form indicating your willingness to participate in the study.

Future Communications: We may communicate to you via newsletters, mailings or other means regarding treatment options, health related information, disease management programs, wellness programs, or other community based initiatives or activities in which our facilities are participating.

Organized Health Care Arrangement: Inova's facilities, including but not limited to its hospitals, deliver care in clinically integrated settings in which individuals typically receive care from more than one health care provider including Inova's workforce; physicians and allied health practitioners who are in private practice and have clinical privileges at Inova facilities; hospital-based physician groups such as anesthesia; radiology, pathology and emergency medicine; department chairs and medical directors; and other health care entities affiliated with Inova. These are all part of Inova's Organized Health Care Arrangement (OHCA) and may utilize a shared electronic health record database. We are presenting you this document as a joint notice for these purposes. Information will be shared as necessary to carry out treatment, payment and health care operations. Physicians and caregivers may have access to PHI in their offices to assist in reviewing past treatment as it may affect treatment at the time.

Health Information Exchange: We may make your protected health information available electronically through an information exchange service to other health care providers that request your information. Participation in information

exchange services also lets us see health care information about you from other health care providers who participate in the exchange.

Single Covered Entity: For purposes of HIPAA only, all covered entities that are owned or controlled by Inova shall be considered to be a Single Covered Entity. PHI will be made available to personnel at other facilities included in this Single Covered Entity, as necessary to carry out treatment, payment and health care operations. Caregivers at other facilities may have access to PHI at their locations to assist in reviewing past treatment information as it may affect treatment at this time. Please contact the Chief Privacy Officer for further information on the specific sites included in this affiliated covered entity.

As required by law, we may also use and disclose health information for the following types of entities, including but not limited to:

- Food and Drug Administration
- · Public Health or legal authorities charged with preventing or controlling disease, injury or disability
- Correctional institutions
- · Workers Compensation agents
- Organ and tissue donation organizations
- · Military command authorities
- · Health oversight agencies
- · Funeral directors, coroners and medical directors
- National Security and Intelligence Agencies
- Protective Services for the President and Others

Law Enforcement/Legal Proceedings: We may disclose health information for law enforcement purposes:

- in response to a court order, subpoena, warrant, summons or similar process;
- · about a death we believe may be the result of criminal conduct;
- about criminal conduct at an Inova facility: and
- about wounds made by certain weapons.

State-Specific Requirements: Many states have requirements for reporting including population-based activities relating to improving health or reducing health care costs. Some states have separate privacy laws that may apply additional legal requirements. If Virginia Law is more stringent than Federal privacy laws, Virginia law preempts the Federal law.

Uses or disclosures of your PHI not described in this notice will be made solely upon written authorization from you or your personal representative. Written authorizations may be revoked by contacting the department originally authorized to use/disclose the information.

Your Health Information Rights:

Although your health record is the physical property of the health care practitioner or facility that compiled it, you have the **Right to**:

- Inspect and Copy: You have the right to inspect and copy medical information in our possession that may be used to make decisions about your care. As a rule, this includes medical and billing records, but does not include psychotherapy notes. You may request an electronic copy of your PHI maintained in Inova's electronic health record (EHR). Access to your records must be provided within 15 days of the receipt of your request. We may deny your request to inspect and copy your records in certain very limited circumstances. If you are denied access to medical information, you may request that the denial be reviewed. A licensed health care professional not involved in the original denial of your request will be chosen by Inova to review your request and the denial. We will comply with the outcome of the review.
- Request an Amendment of Your Information: If you feel that your medical information we have on file is incorrect or
 incomplete, you may ask us to amend that information. You have the right to request an amendment for as long as Inova
 retains the information. We may deny your request for an amendment and, if this occurs, you will be notified of the reason
 for the denial and will be provided with your options as defined in the HIPAA Privacy Rule.
- Request an Accounting of Disclosures: You have the right to request an accounting of any disclosures we make of
 your medical information for purposes other than treatment, payment or health care operations.
- Right to Restrict Release of Information For Certain Services
 - o You have the right to request a restriction on disclosure of health information about services you paid for out of pocket in full. This request should be made prior to the service being provided and applies only if the disclosure is to a health plan for purposes of payment or health care operations.
 - o You have the right to request a restriction or limitation on the medical information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the medical information

we disclose about you to someone who is involved in your care or the payment for your care, like a family member or friend. For example, you could ask that we not disclose information about your surgical procedure. Restrictions should be requested in writing by completing a **Request for Confidential Communication and/or Disclosure Restriction.** You may obtain a copy of this form at the time you register for your service or you may obtain one on our web site www.inova.org.

- o With the exception of restrictions regarding services or procedures that you pay for out of pocket, we are not required to agree to your request. Requests for restrictions or limitations on the medical information we use or disclose about you for treatment, payment or health care operations must be forwarded to the Chief Privacy Officer. Only the Privacy Officer or his/her designee can agree to such restrictions or limitations. If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment.
- Request Confidential Communications: You have the right to request that we communicate with you about medical matters in a certain way or at a certain location. For example, you may ask that we contact you at a location other than your home or by U.S. Mail. Such requests must be made in writing and must include a mailing address where bills for services and related correspondence regarding payment for services will be received. It is important that you note that Inova reserves the right to contact you by other means and at other locations if you fail to respond to any communication from us that requires a response. We will notify you in accordance with your original request prior to attempting to contact you by other means or at another location.
- Breach Notification: You have a right to be notified following a breach of your unsecured PHI.
- A Paper Copy of This Notice: You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time, even if you have agreed to receive this notice electronically.

You may obtain a copy of this notice at our web site http://www.inova.org.

To exercise any of your rights under this notice, please obtain the required forms from the Registration Department in the facility where you received your services and submit your request in writing. You may also access these forms at our web site http://www.inova.org.

Changes to this Notice

We reserve the right to change this notice at any time. The revised or changed notice will be effective for information we already have about you as well as any information we receive in the future. The current notice will be posted in Inova's facilities and will include the effective date. In addition, each time you register at or are admitted to Inova for treatment or health care services as an inpatient or outpatient, we will provide access to the most recent version. You may always access the most recent version at our web site http://www.inova.org or may call 571-472-8187 and request that a copy of the most recent version is mailed to you.

Complaints

If you believe your privacy rights have been violated, you may file a complaint with Inova by contacting the Compliance Department at 8095 Innovation Park Drive, Fairfax, VA 22031 Attention: Chief Privacy Officer. You may file a complaint with the Secretary of the Department of Health and Human Services. Instructions for filing a complaint with the Secretary are found at: www.hhs.gov/ocr/privacy.

All complaints must be submitted in writing. You will not be penalized for filing a complaint about Inova's Privacy practices.

Other Uses of Medical Information

We are required to retain our records of the care that we provided to you. Inova will make other uses and disclosures of medical information not covered by this notice or the laws that apply to us only with your written permission. If you provide us permission to use or disclose medical information about you, you may revoke that permission, in writing, at any time. If we receive written revocation of your permission, we will cease the use or disclose medical information you originally authorized. We would not be able to take back any disclosures we had already made with your permission.

Chief Privacy Officer

Telephone Number: 571-472-8187





I certify that I have received Inova's **Notice of Privacy Practices** and that I have a right to receive an additional copy upon request. This Notice describes the type of uses and disclosures of my protected health information that might occur during my treatment, to facilitate the payment of my bills or in the performance of Inova's health care operations. The Notice also describes my rights and Inova's duties with respect to my protected health information. I understand that copies of the **Notice of Privacy Practices** are available in the registration areas of each facility and on Inova's web site at www.inova.org. I may request that a copy be mailed to me by calling **703-204-3342**.

Inova reserves the right to change the privacy practices that are described in the **Notice of Privacy Practices**. I may obtain a revised **Notice of Privacy Practices** by calling the above number and requesting a revised copy be mailed to me, by asking for one at the time of my next appointment, or by accessing Inova's web site listed above to view the most current version.

Patient or Personal Re	presentative (signature)	Date	Time
atient or Personal Re	presentative (print name)		
Description of Personal	Representative's Authority		
	PATIENT IDENTIFICATION	Inova	
If label is not ava	ailable, please complete:	Acknowledg	ement of Receipt of
Patient Name:		Notice of Pri	ivacy Practices
Date of	Medical Record #	□ IAH □ IFH □ I	IFOH □ ILH □ IMVH □ □ Other:
Gender: Male	☐ Female		

CAT # 31245 / R090623 • PKGS OF 100



Gender: □ Male □ Female



When an individual is scheduled at Inova Kellar Center, our mental health clinicians hold a specific block of time (unit) for you. In order to efficiently serve the community, we have a cancellation/missed appointment and late arrival policy. All new clients must arrive 15 minutes prior to the time of their scheduled appointment to allow sufficient time to complete new client paperwork. All Kellar programs require a 24-hour notice for cancellation. Each program has a specific grace period for late arrivals. The fees incurred due to a cancelled/missed appointment or late arrival cannot be billed to insurance.

- Partial Hospitalization Program (PHP): Patients must be present to bill the insurance company. There is a charge of \$390 for missed appointments. See your PHP handbook for further details.
- Intensive Outpatient Program (IOP): a patient must arrive at the time established by the center to be considered present. The fee for a missed day is \$130. See your IOP handbook for further details.
- **Medication Management:** a patient must arrive within 15 minutes of the scheduled appointment time to be seen in the clinic. The fee for a missed appointment is \$75. Two appointments rescheduled in a month are grounds for discharge at the discretion of the clinician. See medication management policy for further details.
- **Psychotherapy Services:** a patient must arrive within 15 minutes of the scheduled appointment time to be seen for an appointment. The fee for a missed appointment is \$75. If you miss more than two appointments within a three-month period, at the clinician's discretion you may be discharged from treatment and provided with referrals.
- **Psychological Testing:** Psychological services bills by the unit. A patient who arrives more than 20 minutes late will be charged a late fee of \$75 for that unit. Any remaining time will be used to complete a portion of the evaluation and only that time will be billed to any applicable insurance company. If the clinician determines that the evaluation cannot be completed within the remaining time, an additional session may need to be scheduled. Cancellation of an evaluation appointment without 48 hours notice will result in a charge of \$250. See psychological testing information sheets for further details.

By signing this policy I acknowledge that I have read and understand my responsibilities.

Patient (sign	ature)	Date	Time
Parent or Gu	uardian (signature)	Date	Time
Parent or Gu	uardian (print name)		
If label is not ava	PATIENT IDENTIFICATION ailable, please complete:	Inova Kellar Center Cancellation/Missed Late Arrival Policy	I Appointment and
Date of Birth:	Medical Record #	auto Amvan i onoy	

CAT # 30226/R092023 • PKGS OF 25

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Welcome to Inova Kellar Center. For the convenience of our patients and families, we provide a model of care that may include online, real-time behavioral health care service.

Telehealth Services are not for use for medical or behavioral health emergencies or urgent situations. In the event of a medical or behavioral health emergency, please call 911 immediately.

Use of Telehealth Services is conditioned upon your acceptance of these terms and conditions. By proceeding with Telehealth Services, you are indicating that you carefully reviewed and agree to these terms and conditions. If you do not agree to these terms and conditions, you may choose to schedule an appointment for an in-person visit at Inova Kellar Center.

Please be advised that the laws of the state where the patient is physically located at the time of the virtual visit will apply. Inova providers are licensed in Virginia and may not be licensed or otherwise meet a professional licensure to provide Telehealth Services to patients physically located outside of Virginia during the appointment. By going forward with Telehealth Services, you expressly acknowledge and attest that you desire to receive Telehealth Services from an Inova provider who is licensed in Virginia. You also understand and agree that any dispute, including personal injury claims, related to Telehealth Services will be subject to the exclusive jurisdiction of Virginia courts and governed by Virginia law.

Behavioral Health Telehealth Services Terms and Conditions

Description of Video Services

- Telehealth Services at Inova Kellar Center may include the use of various virtual formats such as Epic Video Client, Microsoft Teams, Doxy.me, telephone, etc.
- Your remote health care provider or clinician will determine whether the condition being diagnosed or treated is appropriate for Telehealth Services. Activities permitted using Telehealth Services include consultation, diagnosis, treatment, prescriptions (if applicable), and patient education. Telehealth Services do not guarantee that the nature of your problem is suitable for remote care or that care will achieve any specific effect.
- Inova considers Telehealth Services to be private, therefore your remote practitioner will be in a private area during the visit. Similarly, you should be in a private location that does not allow others to see or hear you or the Telehealth Services practitioner.
- The level of privacy and security of the Telehealth Services visit depends on the location that you select, and you accept sole responsibility for choosing a private area during the visit.
- To ensure the privacy of your records and telehealth sessions, Inova will take security measures such as password
 protected screen savers, encrypted data and file sharing, and maintenance of all records in an Electronic Health
 Record (EHR).
- For minor patients, your remote health care provider or clinician may require a parent and/or legal guardian to be present for all Telehealth Service visits. This determination is based on the service utilized and related factors.

Representations and Warranties

 You are at least 18 years old or you are an authorized parent/guardian/representative of a minor or patient seeking behavioral health care during the Telehealth Services.

	PATIENT IDENTIFICATION	
If label is not avail	able, please complete:	
Patient Name:		
Date of	Medical	
Birth:	Record #	

Inova Kellar Center **Telehealth Services**





Representations and Warranties (continued)

- The patient will be physically located in Virginia. Patients physically located in another state (outside of Virginia) at the time of the visit may use Telehealth Services only if it is confirmed that the Inova practitioner is licensed to provide care in that other state.
- You consent for your treating practitioners to exchange information with other remote health care practitioners to facilitate the provision of Telehealth Services to the extent permitted by law.
- Inova makes no warranty that Telehealth Services will meet your requirements, or that the session will be uninterrupted, timely, 100% secure, or error free. Inova is not responsible for transmission errors or corruption or compromise of data carried over local cellular or interchange telecommunication carriers.

Service-Specific Requirements

- Outpatient Family Services/Medication Management: To ensure the continuity of care, in-person appointments cannot be replaced with a virtual session (or vice versa) unless requested at least 24-hours prior to the scheduled appointment and approved at the clinician's discretion.
- **Group Therapy:** Group Therapy providers will designate the meeting format (in-person or virtual) at the first group session and said format will remain for the duration of the group meetings. To maintain group dynamics, designated in-person group therapy sessions will not be offered alternative virtual participation for any reason. Designated virtual groups will not be offered in-person participation for any reason.

Encrypted Email Communications

To protect the privacy of our patients and families, Inova Kellar Center electronically communicates protected health information (e.g., treatment plans, patient names and dates of birth) through an encryption portal. Patients or their representatives may request to communicate with their provider by unencrypted email. While this method may be more convenient for patients and families, there is an added risk to the security of your protected health information. By signing below, you understand that you must request in writing to communicate by unencrypted email, and you understand that Inova makes no guarantee that unencrypted electronic communications will be 100% secure or error free. You further understand that Inova is not responsible for transmission errors or corruption or compromise of data carried over local cellular or interchange telecommunication carriers.

This Acknowledgement and Consent has been fully explained to me and I understand its content. I have had the opportunity to ask questions and my questions have been answered to my satisfaction.

Patient (signature):	Date:	Time:
Patient (print name):	-	
Parent/Guardian (signature):	Date:	_ Time:
Parent/Guardian (print name):	Relationship:	
Interpreter Information (To be completed by Inova staff, if applicable): ☐ In person ☐ Telephonic ☐ Video ☐ Interpreter name/ID number (if applicable) ☐ Patient/Designated Decision Maker was offered and refused interpreter ☐	cable) I Waiver signed	
DATIFIED DESTINATION		

1.51	IENT BENTILIOATION			
If label is not available, please complete:				
Patient Name:				
Date of	Medical			
Birth:	_ Record #			

Inova Kellar Center **Telehealth Services**





Inova Staff:

- If accommodations are requested, page interpreter services at 98824 within 15 minutes of completing this form.
 A new form should be used at every visit and any time a change in accommodations is requested.

Name of Person Requesting	g/Declining Accommodations:		
Relationship to Patient:	elf Parent Family Member	☐ Friend ☐ Other	
Do you and/or your companion	s have any special needs that requ	ire accommodations? ☐ YES (comp	plete boxes A and B) blete box B)
A. If you require special ac	commodations, please check a	s appropriate:	
Deaf and Hard of Hearing:		VRI) (where available)	☐ Speak loudly
Vision:	☐ Magnifying sheet ☐ Braille phone ☐ Other:	☐ Request an escort ☐ Documents read out loud	
Mobility:	Uses service animal Wheelchair escort Accessible exam table Other:	☐ Walking escort ☐ Extra-wide wheelchair escort ☐ Accessible weight scale	
Speech:	☐ Point-to-Speak cards ☐ Other:	☐ Point-to-Speak alphabet	☐ Notepad and pen
Other or Special Instructions:			
By my signature below I here companions have any special reviewed the above selection and/or my companions' choice am unsatisfied with my own a needs change during my visi	al needs; (2) I have had the oppons; (4) those selections are true, ces; and (6) I have received or cand/or my companions' accomm	iven an opportunity to communical rtunity to select appropriate accom accurate and complete; (5) those san request a copy of the process foodations. I understand that if my a from my caregiver free of charge.	nmodations; (3) I have selections reflect my or filing a complaint if I
Patient/Representative/Compa		sentative/Companion (print name)	Date Time
Staff Witness (signature)	Staff Witness (print name) Da	te Time Contact #	Department
☐ In person ☐ Telephonic ☐ \	completed by Inova staff, if applicab /ideo Interpreter name/ID# (if appl Maker was offered and refused inter	icable)	
PATIENT ID	ENTIFICATION	Inova	
If label is not available, please of	complete:	Americans with Disal	oilities Act (ADA)/
Patient Name:		Special Needs Assess	
Date of Med Birth: Rec Gender: □ Male □ Female		□IAH □IFH □IFOH □ILH	□ IMVH r:

CAT # 30328 / R091923 • PKGS OF 100