

Inova Orthopedic Residency Program Weekly Resident Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 AM	Co Treats	Patient Care			Journal Club*
7:45 AM	Co Treats	Patient Care			Journal Club*
8:30 AM	Debrief	Patient Care			Travel
9:15 AM	Patient Care	Patient Care			Patient Care
10:00 AM	Patient Care	Patient Care			Patient Care
10:45 AM	Patient Care	Patient Care	1 on 1 time	rounds	Patient Care
11:30 AM	Lunch	Lunch	Patient Care	Patient Care	Lunch
12:15 PM	Patient Care	Patient Care	Patient Care	Patient Care	Patient Care
1:00 PM	Patient Care	Patient Care	Patient Care	Patient Care	Patient Care
1:45 PM	Patient Care	Patient Care	Patient Care	Patient Care	Patient Care
2:30 PM	Patient Care	Patient Care	Patient Care	Patient Care	Patient Care
3:15 PM	Patient Care		Patient Care	Patient Care	Patient Care
4:00 PM			Lunch	Lunch	
4:45 PM			Patient Care	Patient Care	
5:30 PM			Patient Care	Patient Care	
6:15 PM			Patient Care	Patient Care	
7:00 PM			Patient Care	Patient Care	

This is a sample of 42.25 working week schedule. Residents are required to work 2.25 additional hours in light of mentored residency time.

**Journal club runs monthly. This is the example of a workweek that includes journal club.*